



Bobtoberfest

3rd Annual 4-Mile Run

Saturday, October 24, 2009
4:30 PM
Forbidden Drive
Wise's Mill Road

The Course:

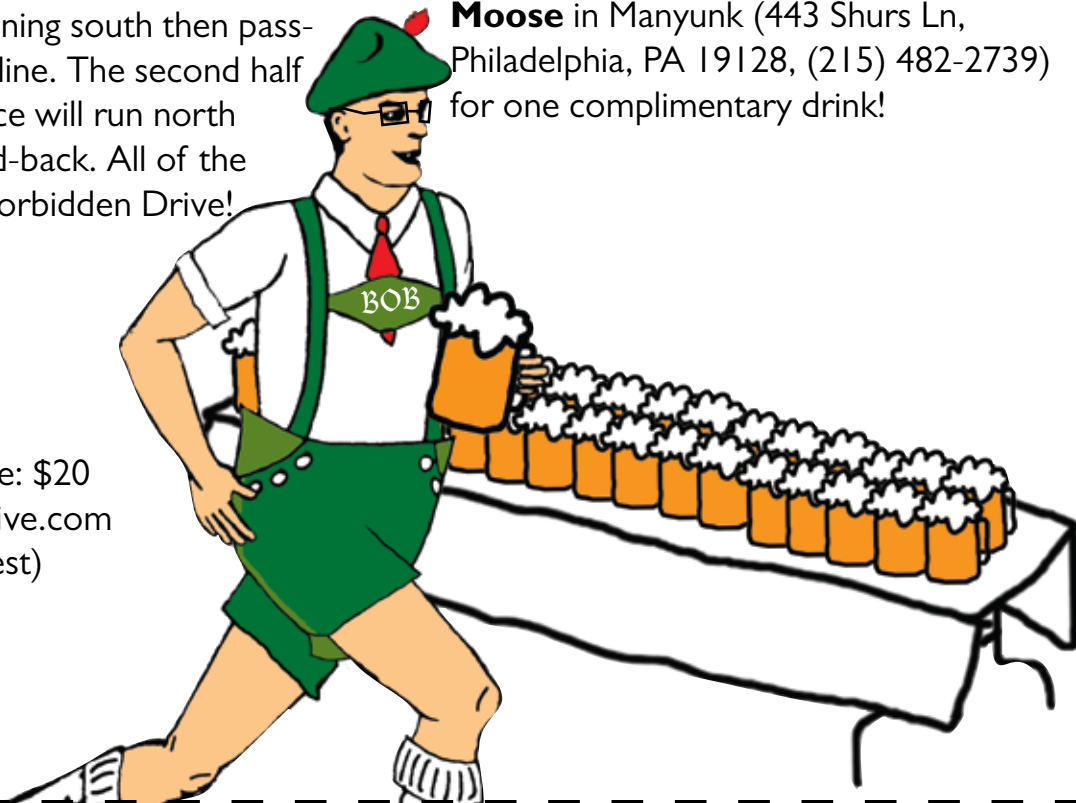
The 4-mile course will be an out-and-back of 2 miles running south then passing the start/finish line. The second half of the four-mile race will run north in a similar out-and-back. All of the course will be on Forbidden Drive!

Race Fees:

Preregister before
October 23: \$15
Register day of race: \$20
Online entry at active.com
(search Bobtoberfest)

Afterparty:

Bring your race number to the **Ugly Moose** in Manyunk (443 Shurs Ln, Philadelphia, PA 19128, (215) 482-2739) for one complimentary drink!



Last Name _____

First Name _____

Address _____

City/State/ZIP _____

Sex: M / F

Age on race day _____

Email _____

Checks payable to:
The Bryn Mawr Running Company
828 W. Lancaster Ave., Bryn Mawr, PA 19010

Waiver and Release: I, the undersigned (over age 18) I know that running is a potentially hazardous activity. I should not enter or run unless I am medically able and properly trained. I also know that there will be traffic, debris, poor footing and other hazards on the course and assume the risk for running on it. I also assume any or all other risks associated with running or attending the race including but not limited to falls, contact with other participants, the affects of the weather, the conditions of the roads and getting lost, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the organizers of this event, all municipalities in which the event is held, all owners of properties through which the race crosses, the race committee, volunteers, Bryn Mawr Running Co., all other organizations directly or indirectly associated with the race, any or all sponsors including their agents, employees, assigns or anyone acting on their behalf, or anyone else associated in any way with this race, from any or all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature whatsoever; foreseen or unforeseen, known or unknown.

Permission is granted to use my photograph and name for any and all purposes.

Signature: _____

Date: _____
(if under the age of 18, a parent or guardian's signature is required.)